

Using *Your Journey Together* & the DECA Program

Making the Resilience Connection at Both Home and School

The Resilience Connection

Your Journey Together (YJT) is a great fit for those using the Devereux Early Childhood Assessment (DECA) for Infant, Toddler, or Preschool Programs!

Family Engagement

DECA Program users understand the value and importance of family involvement. YJT significantly expands upon the DECA Program's family involvement opportunities through offering much more structured guidance and support to the family engagement process. YJT can be used during home visits or in group workshops.

Early childhood programs using the DECA Program can now engage parents in a structured resilience-building *journey*. YJT connects work being done in the classroom and the home to strengthen children's social and emotional health and resilience.



"So many times we end up with all of these separate pieces and we have to try and show staff how they work together...DECA & YJT did that work for us."

- Head Start Program Manager, KY

Build Resilience with Families

Your Journey Together offers programs step-by-step guided lessons that engage parents in the process of building the resilience of their child and themselves. A comprehensive Coach Guide provides all of the tools a family worker needs to deliver the 29 YJT lessons. These lessons, called *Stepping Stones*, are organized into the following four areas:

1. Understanding resilience
2. Caregiving (i.e. parenting) practices that promotes resilience
3. Strengthening children's protective factors
4. Promoting parent resilience

Meet Performance Standards

The DECA Program offers a research-based tool to assess and strengthen children's social and emotional health, and the research-informed YJT lessons help to build on parents' knowledge and provide opportunities to practice parenting skills to promote children's learning and development.

