



# **Carrot Pulling Activity**

## How does Carrot Pulling encourage students to engage in fine motor development?

As students form their carrots, they will develop fine motor skills by using the small muscles in their fingers and hands. Their fine motor development will also be challenged as they work to pull the carrots out from the dirt with their hands and Easy-Grip Tweezers. Have students try a variety of methods for pulling carrots to challenge them to problem solve and improve their motor development!

### Why is it important to include opportunities to develop fine motor skills in the classroom?

The classroom is an ideal space to encourage group instruction and learning. Students will work to develop the motor skills necessary for shaping, rolling, holding small objects, and sorting. Fine motor skills are essential for advancing dexterity and coordination as students grow older.

## Required Materials:

- Crayola® Model Magic (Item #30129)
- Orange Tempera Paint (Item #33301-RG)
- Green Craft Sticks (Item #32384)
- Tray (Item #21065)
- Play Dirt (Item #63726)
- Easy-Grip Tweezers (Item #91081)

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#### 1. Make the Carrots

Mix Crayola® Model Magic with orange tempera paint. Form carrot shapes from the modeling compound, and place a green craft stick in the top to form the stem.

#### 2. Plant the Carrots

Fill a tray with play dirt, and "plant" the carrots in the dirt.

#### 3. Harvest the Carrots

Have students pull carrots out of the dirt with their hands and Easy-Grip Tweezers.





