

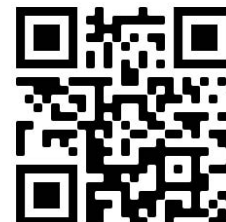


Season Sensory Spices Activities

Required Materials:

- Clear Jars with Lids (Item #60456)
- Cotton Balls
- Powdered Tempera Paint (Item #89366)
- Canvas Panels (Item #89281)
- Chubby Brushes (Item #84704)
- Spices and/or Essential Oils Representing the Seasons

Scan this QR Code to view this activity on our [website](#) and to check out more of our [Insights and Inspirations](#) articles!



Spices and Essential Oils Ideas:

- **Summer:** Basil, Mustard, and Lemon
- **Fall:** Cinnamon, Curry Powder, and Red Pepper
- **Winter:** Peppermint, Nutmeg, and Cloves
- **Spring:** Lavender, Rose, and Mint

Optional Materials: Printable Season Labels (Available on our website) and Classroom Art Caddy

1. Season Spice Bottles

1. Prepare Jars

Add multiple holes to the top of your jar lids. Make sure your jars and lids are fully clean and free of other smells.

2. Add Seasonal Smells

Select spices to represent each season (we selected 2 for each). Place a tablespoon amount of spice into each of the jars. For essential oils, place a couple of drops onto a small handful of cotton balls. Add a label using our free printable season labels.

3. Enjoy the Smells

Have fun delighting your senses! Try to identify all of the smells. For extra fun, cover the labels for a matching the seasons guessing game.

2. Season Spice Paintings

1. Mix the Paint

Using a one-to-one ratio, mix your spice or oil with the powdered tempera paint. Optional: coordinate the coloring of the spice with the tempera paint. Add water and mix well. Use soon after mixing to avoid separation.

2. Create a Masterpiece

Whether you paint a sensory fusion of color or separate into four seasonal portraits, this activity is sure to engage the senses!

