

Connect4Learning®: The Pre-K Curriculum

Distance Learning Guidance: Parent/Guardian Information

During these challenging times, you are now caring for and educating your young child all day, every day, without the usual support of teachers and school. You are likely juggling your work and many stresses, in addition to your expanded parenting responsibilities. To help you build a new daily routine and create joyful interactions between you and your child, we offer some simple guidance for quick but powerful learning activities each week.

In the classroom, your child was being taught with a rich and exciting curriculum for preschoolers called *Connect4Learning*. We want to help you continue your child's learning, building on key concepts and skills already introduced. If you have a smartphone, tablet, or computer and Wi-Fi access, your child's teacher will send you periodic suggested activities and resources to help your child continue the learning he or she was focused on at school. If needed, your child's teacher may provide printed copies of these materials.

The most important teaching you can do at home with your child right now is to make him or her feel safe, loved, and respected. Having conversations about anything and everything builds rich vocabulary and helps your child make important connections to new concepts. Try to read each day with your child, using books as a springboard for his or her imagination and learning. Take walks, listening carefully to all the sounds of nature, discovering together the beauty and wonder of our world. Involve your child in cooking and household chores. You might be amazed at all the things preschoolers can do, and they love taking responsibility and contributing to their family's well-being. Try to create a healthy balance between screen time and direct interaction with you for short, simple, and FUN activities throughout the day.

Don't pressure yourself to re-create "school" for your preschooler at home. Instead, try to enhance your home activities just a little, with the resources provided. You can easily boost the learning and fun, while keeping your stress manageable. Most of all, pause at least once each day, give yourself and your child a hug, and express your love and gratitude. These brief moments of grace and joy will make the tough times a little easier and will create great memories for a lifetime.